

Following are the slides used at the Mid-year Training Institute 2024: Gender, Sexuality and Student Youth Well-Being (GSSYW) organized by the Women and Gender Institute (WAGI) of Miriam College held on 13-16 August 2024 and is made available for educational and informational purposes. The results presented are preliminary and may change as the final monograph report is being prepared. The public is encouraged to refer to the latest documents made available through the Institute's website.

Recommended citation:

University of the Philippines Population Institute (2024, August 13). *Sticking the landing: Risky routines of Filipino youth* [unpublished PowerPoint slides]. Population Institute, College of Social Sciences and Philosophy, University of the Philippines.

Contact:

Maria Midea M. Kabamalan, Ph.D.

Project Coordinator

+63 2 8981 8500 local 2457 / 2468

yafs5.upd@up.edu.ph

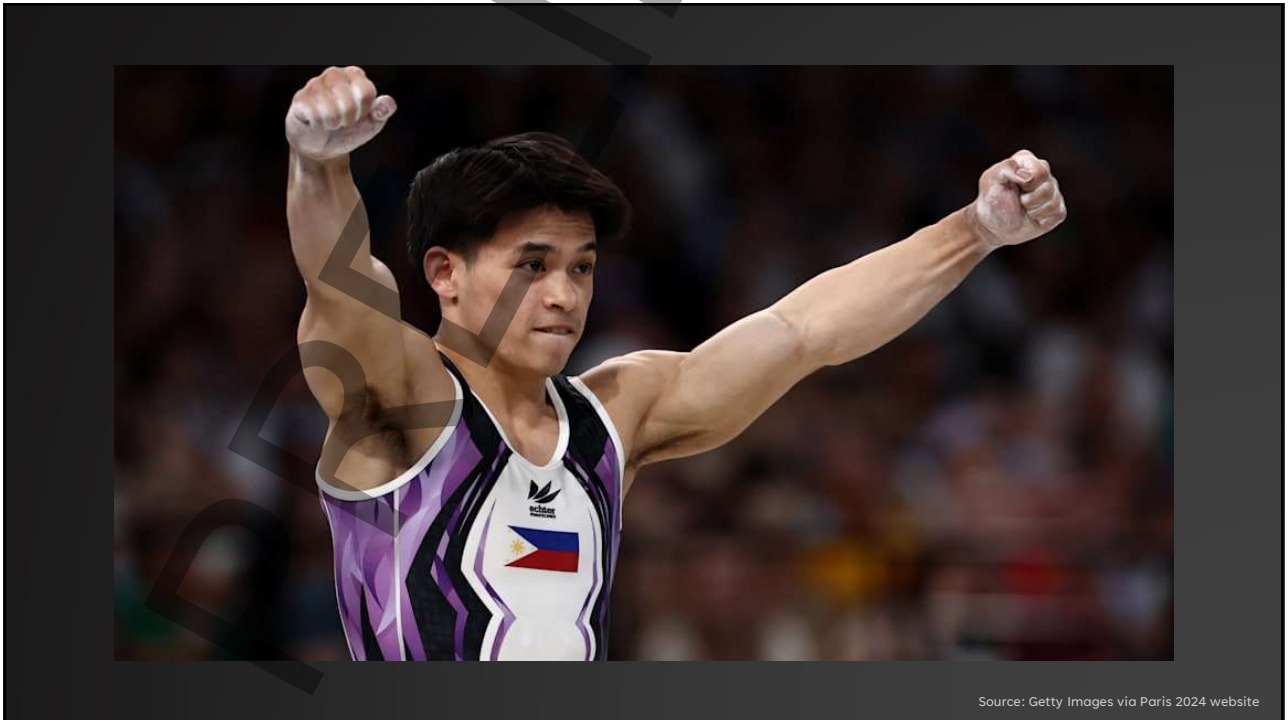
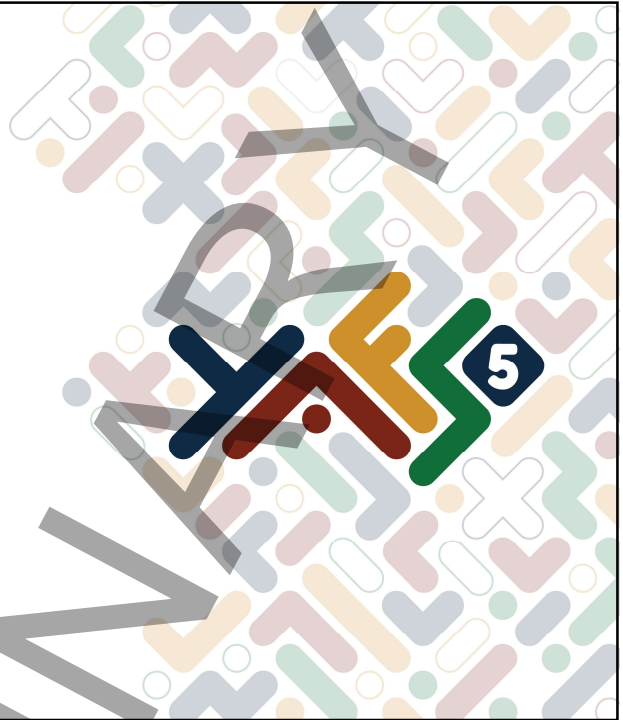
PRELIMINARY



# Sticking the landing: Risky routines of Filipino youth

**KLARRINESS P. TANALGO & QUEENIE ROSE E. CHICO**  
Population Institute  
College of Social Sciences and Philosophy  
University of the Philippines

Gender, Sexuality, and Student Youth Well-Being Seminar  
Women and Gender Institute – Miriam College  
13 August 2024 via Zoom



Source: Getty Images via Paris 2024 website

# ABOUT YAFS



YAFS is the **largest series of cross-sectional surveys in the Philippines** on the 15 to 24 age group (1982, 1994, 2002, 2013)



The YAFS series aims to provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations



Its rich findings have been used as **bases in the formulation of programs and policies** for the health and welfare of the youth



**YAFS5** aims to aid the **Adolescent Health and Development Program Strategic Plan** of the Department of Health (DOH)

80 provinces

653 cities & municipalities

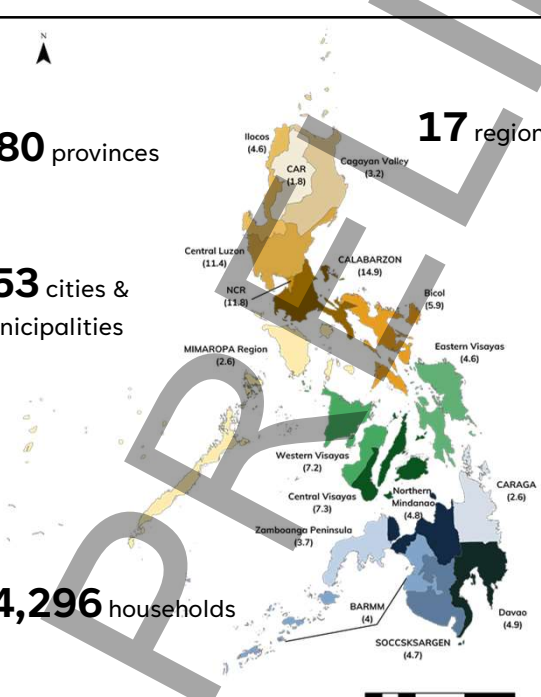
14,296 households

17 regions















## Coverage of the YAFS5

10,949 youth ages 15-24

955 barangays



## YAFS5 Main Questionnaire Topics

 Block A: <b>Individual characteristics</b>	 Block H: <b>Marital Union and Dissolution</b>
 Block B: <b>Family Characteristics and Relationships</b>	 Block I: <b>Puberty, Dating and Sex</b>
 Block C: <b>Self-esteem, Self-efficacy and Life Satisfaction</b>	 Block J: <b>Fertility and Contraception</b>
 Block D: <b>School, Work, and Community</b>	 Block K: <b>Knowledge and Attitude towards Marriage, Sex and Related issues</b>
 Block E: <b>Media use</b>	 Block L: <b>Sexual Orientation Gender Identity, and Expression</b>
 Block F: <b>Friends and Peers</b>	 Block M: <b>Reproductive and Sexual Health</b>
 Block G: <b>Health and Lifestyle</b>	 Block N: <b>COVID-19</b>

UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE 2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## YAFS5 can produce relevant indicators in the SDGs



UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE 2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

“



If the children and youth of a nation are afforded opportunity to develop their capacities to the fullest, if they are given the knowledge to understand the world and the wisdom to change it, then the prospects for the future are bright. In contrast, a society which neglects its children, however well it may function in other respects, risks eventual disorganization and demise.

- URIE BRONFENBRENNER (1970), "TWO WORLDS OF CHILDHOOD: U.S. AND U.S.S.R."

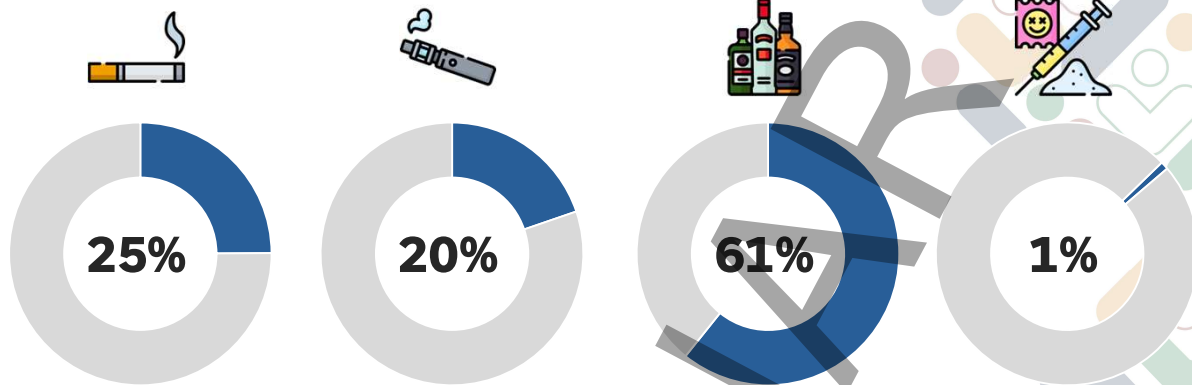
”

Photo: Bronfenbrenner Center for Translational Research

## Non-sexual risk behaviors

## At a glance

Proportion of youth who have ever tried...

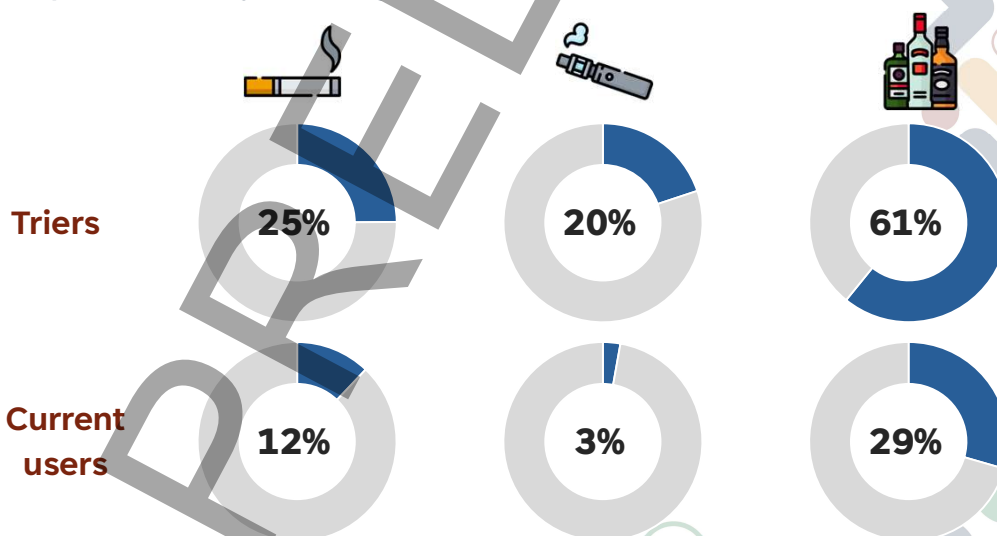


UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## At a glance

Proportion of youth by non-sexual risk behavior

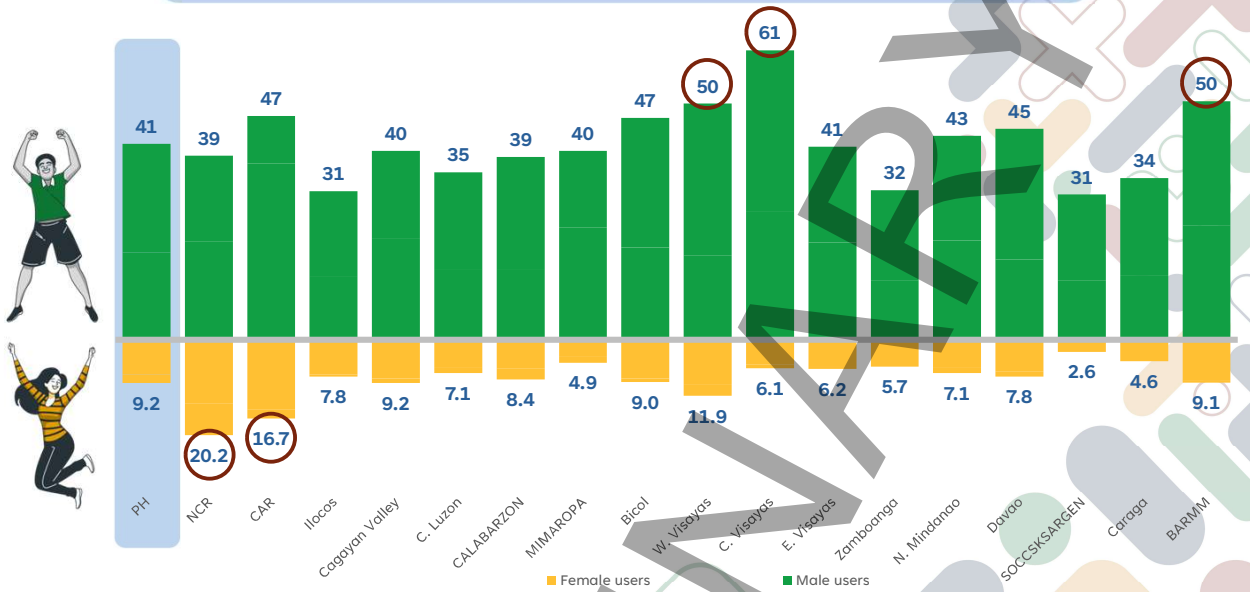


UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY



Percentage of youth 15-24 years who ever tried smoking, by sex and by region



UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

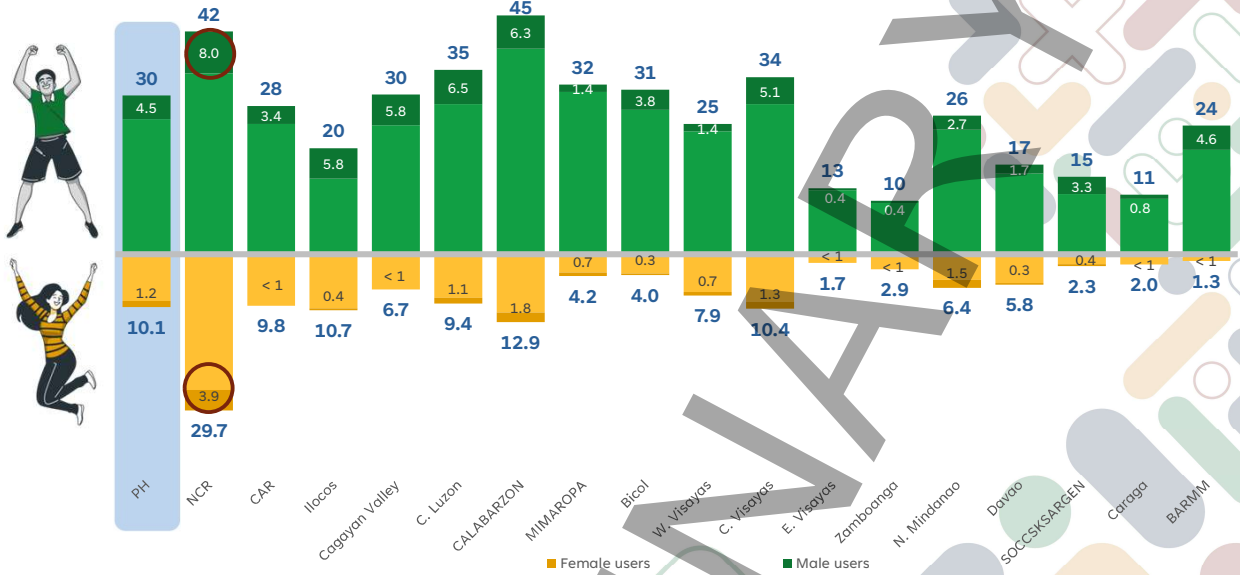
Percentage of youth 15-24 years by smoking behavior, sex, and region



UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

Percentage of youth 15-24 years by **vaping behavior**, sex, and region



UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

Percentage of youth 15-24 years by **drinking behavior**, sex, and region



UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY



## Sexual risk behaviors

### Sexual experience Among youth aged 15-24

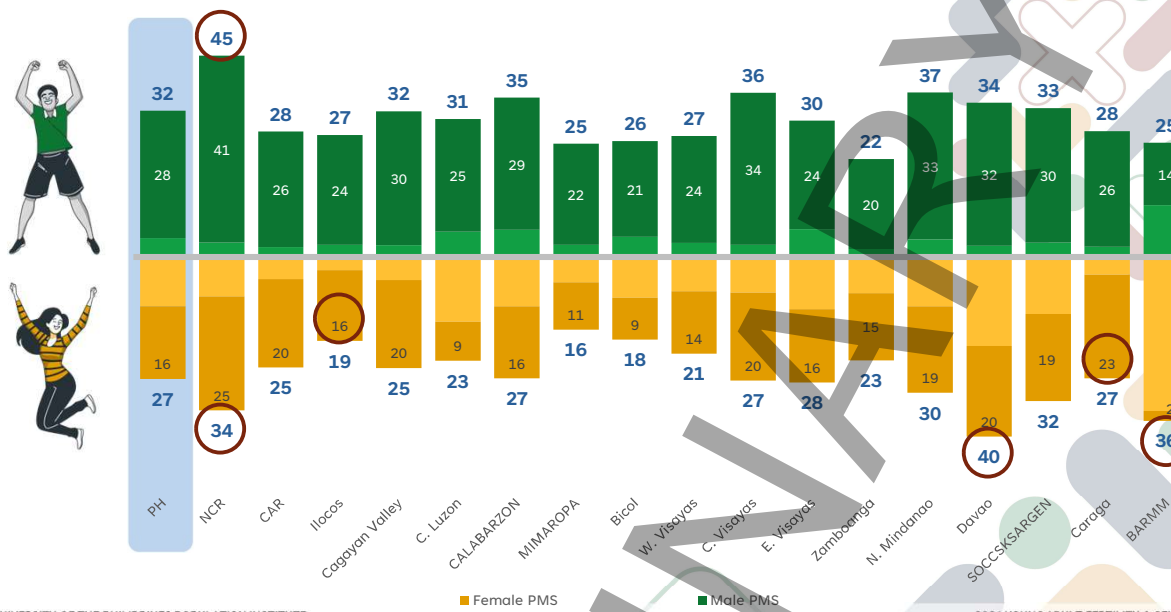
**30%**  
ever had sex

Median age at  
first sex: 18 years

**74%** of first  
sexual experiences  
were premarital

87% among males  
60% among females

Percentage of youth 15-24 years who had sexual experience (premarital), by sex, and region



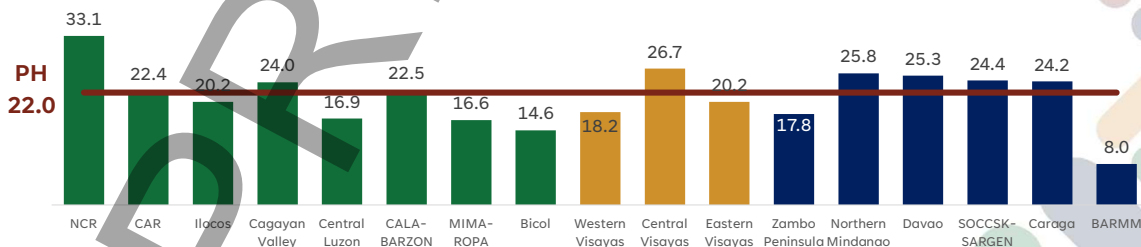
UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Premarital sex experience

Among all youth aged 15-24

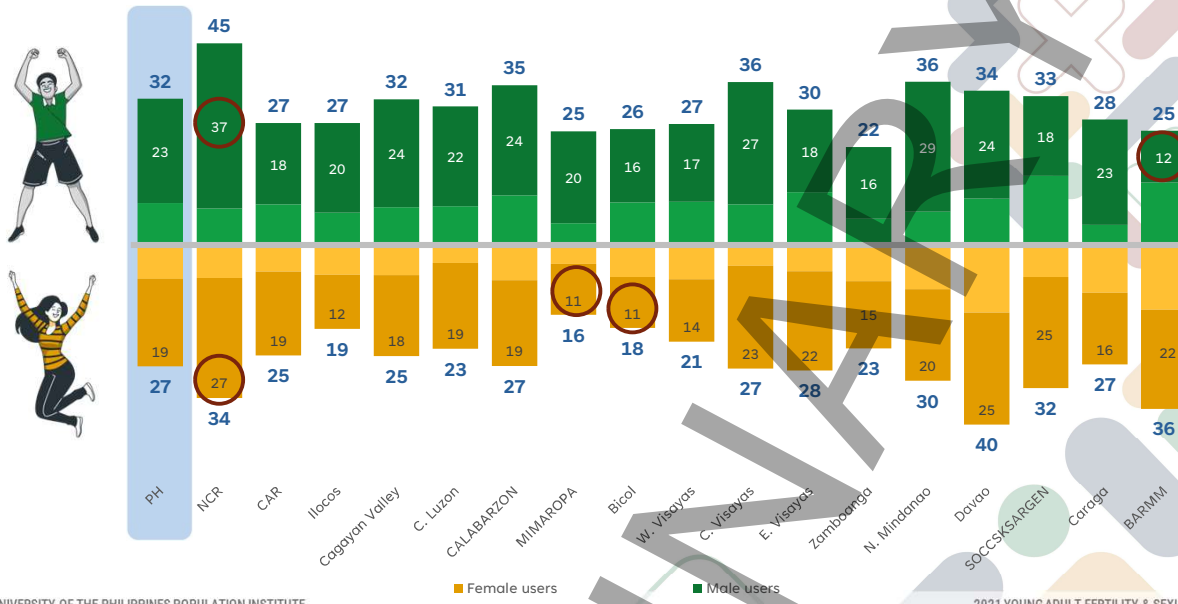
Percentage of youth 15-24 years old with premarital sex experience, by region



UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

Percentage of youth 15-24 years who had sexual experience (past 12 months), by sex, and region



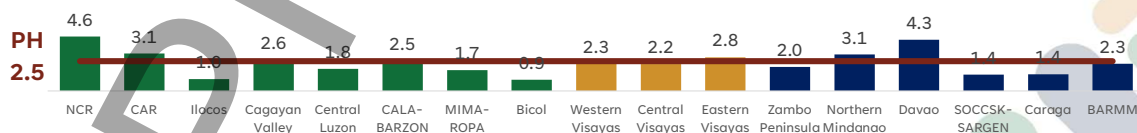
UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Early sexual initiation

Among all youth aged 15-24

Percentage of youth who engaged in sexual intercourse before age 15, by region

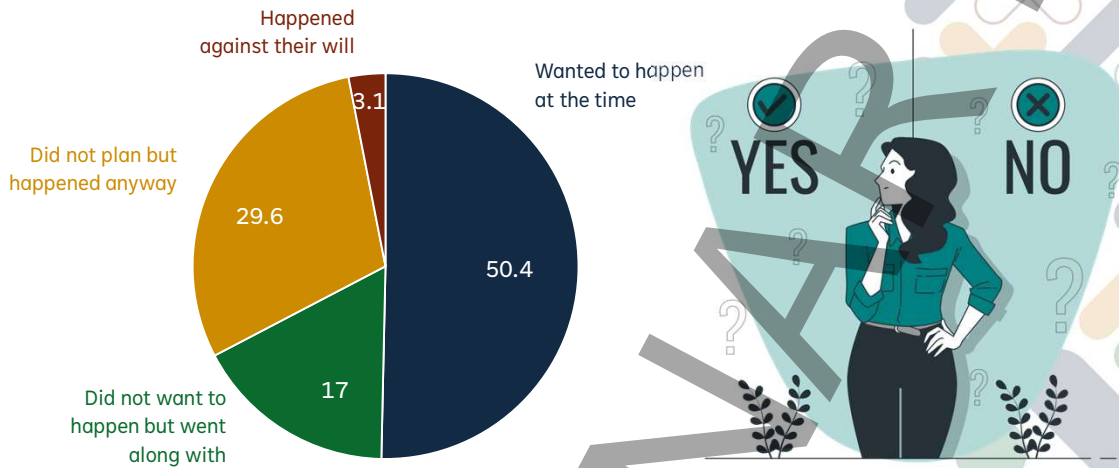


UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Wantedness of premarital sexual initiation

Among youth aged 15-24 who ever had sex

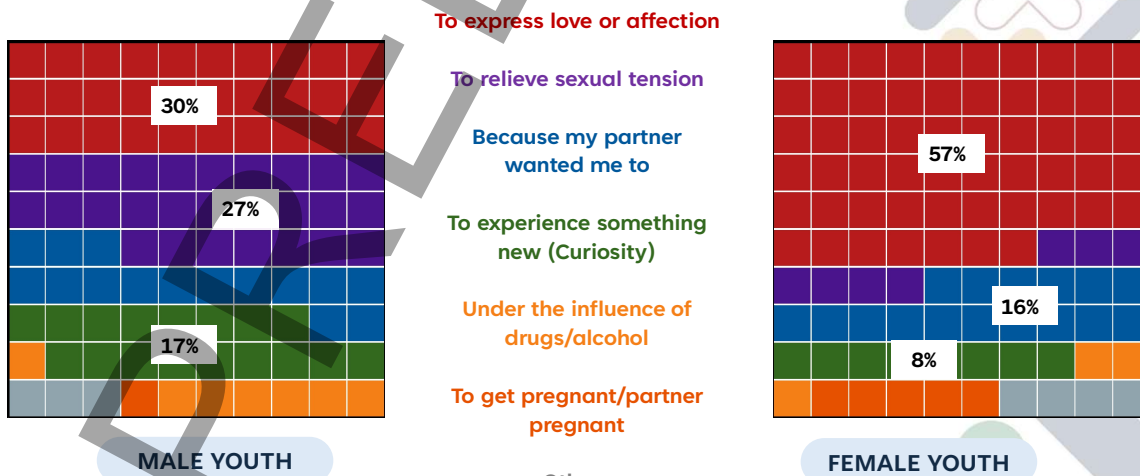


UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Main reason for premarital sexual initiation

Among youth aged 15-24 who ever had sex



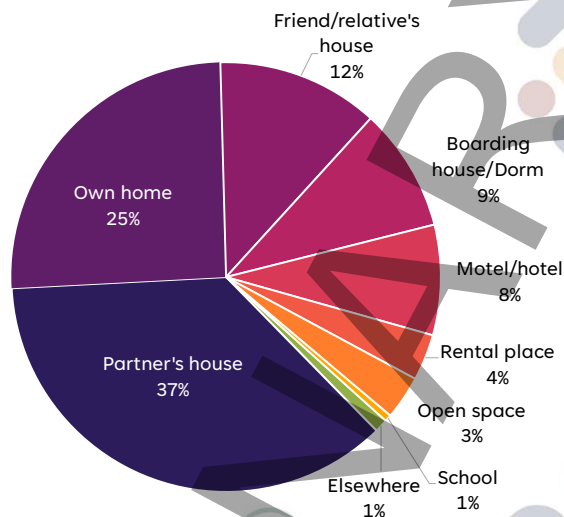
UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Venue of premarital sexual initiation

Among youth aged 15-24 who ever had sex

Percent distribution of the venue of the youth's 1<sup>st</sup> premarital sex experience

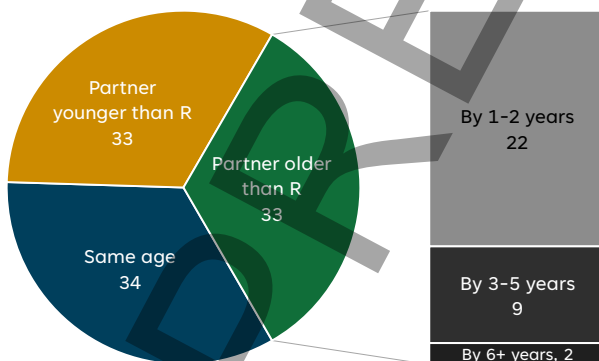


UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

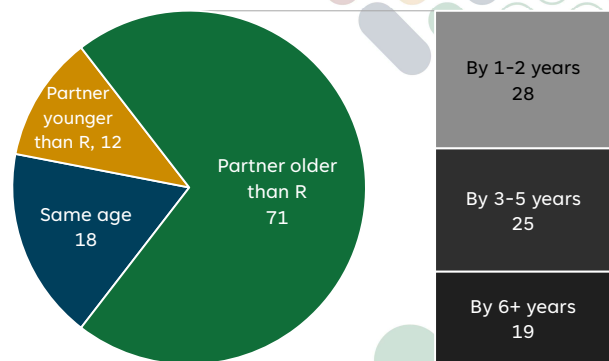
2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Age difference between the youth and sexual partner

MALE YOUTH



FEMALE YOUTH



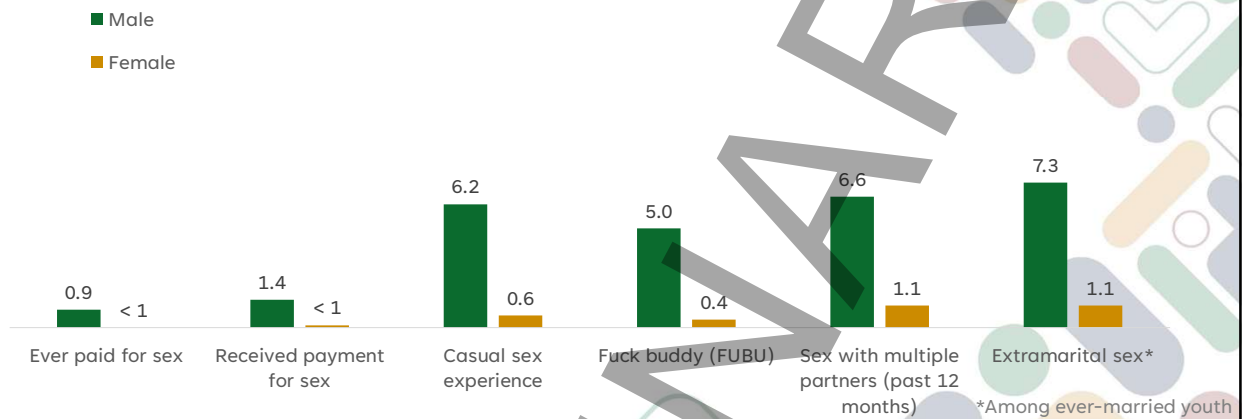
UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Risky sexual behavior

Among youth aged 15-24 who ever had sex

Percentage of youth who ever engaged in risky sexual behaviors, by sex

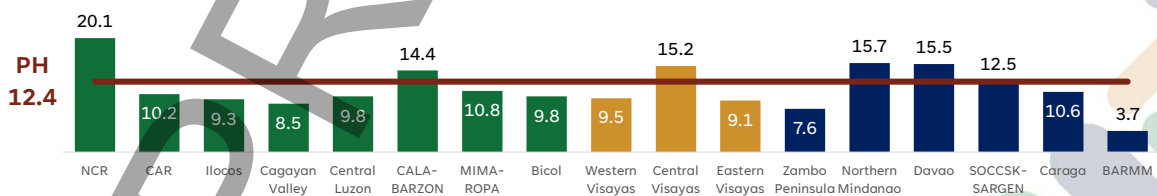


UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Sex with multiple partners

Percentage of sexually-experienced youth with more than 1 lifetime sexual partners, by region



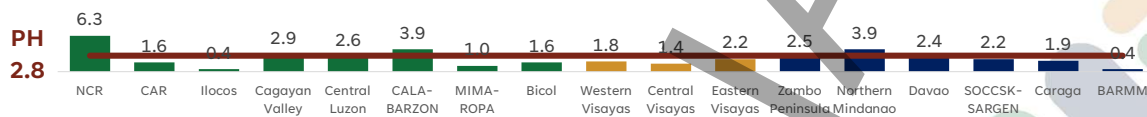
UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY



## Males who had sex with males

Percentage of male youth with MSM experience, by region



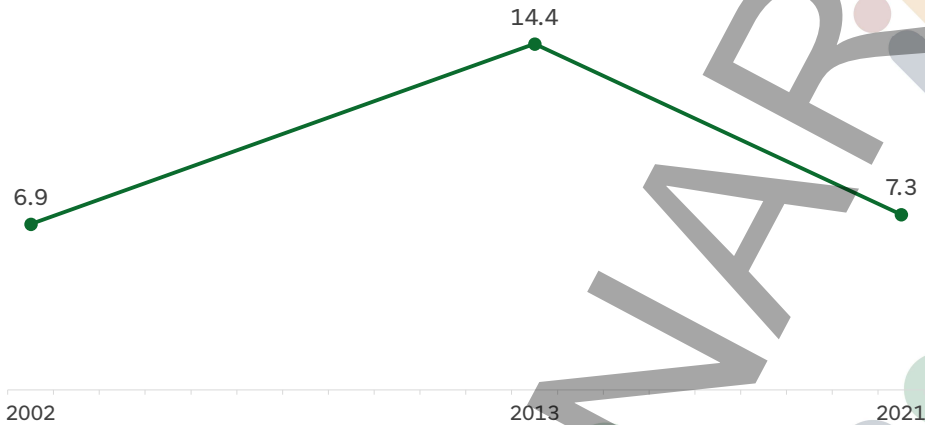
UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Adolescent pregnancy

## Adolescent pregnancy

Percentage of females 15-19 years old who have ever been pregnant: 2002-2021

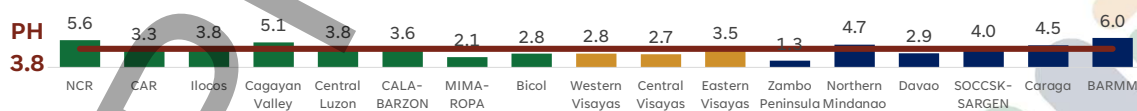


UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

## Adolescent fatherhood

Percentage of male youth 15-24 years old who have gotten someone pregnant before age 20, by region

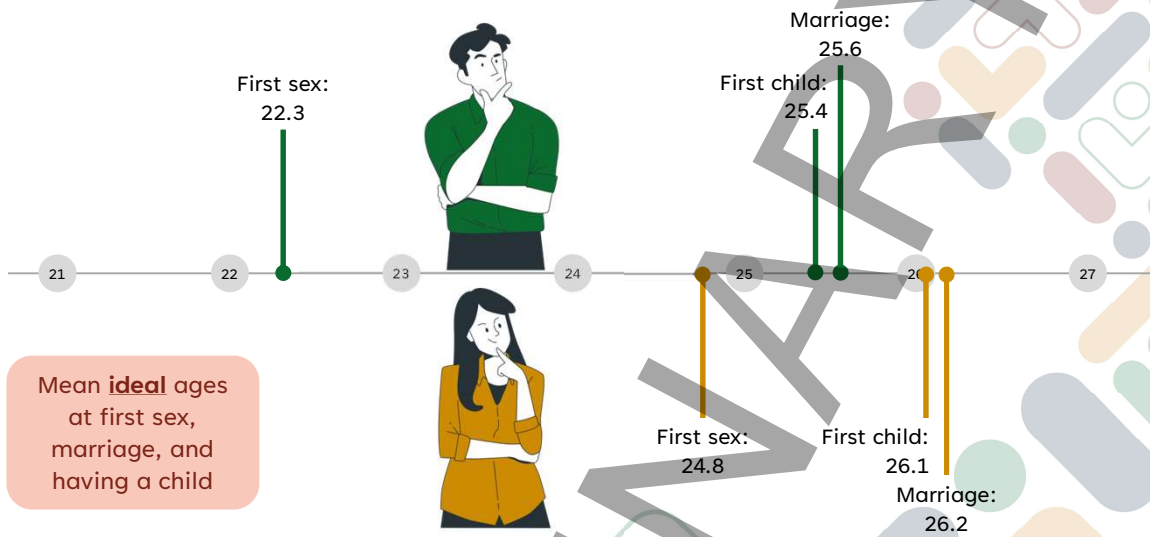


UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY

# Ideal ages for sexual initiation, marriage, and parenthood

## Among youth aged 15-24



UNIVERSITY OF THE PHILIPPINES POPULATION INSTITUTE

2021 YOUNG ADULT FERTILITY & SEXUALITY STUDY



Credit: People illustrations by Storyset