

Following are the slides used at the 3rd National Conference on Family Planning (NCFP) Youth Conference held on 17 and 18 September 2024 and is made available for educational and informational purposes. The results presented are preliminary and may change as the final monograph report is being prepared. The public is encouraged to refer to the latest documents made available through the Institute's website.

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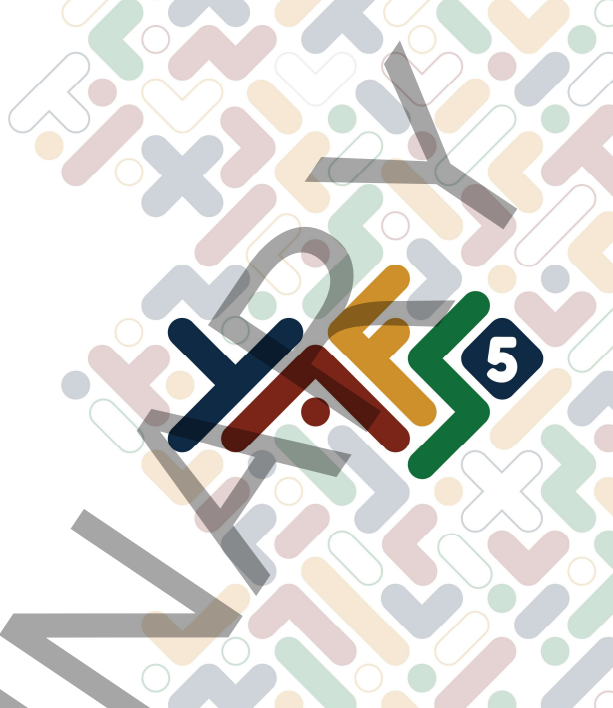
Romance, risks, and reproduction:

Inside the sexual lives of Filipino youth

MARIA MIDEA M. KABAMALAN

Population Institute
College of Social Sciences and Philosophy
University of the Philippines

3rd National Conference on Family Planning — Youth Conference 2024
Madison 101 Hotel, Quezon City
17 & 18 September 2024



Overview of YAFS5



ABOUT YAFS



YAFS is the **largest series of cross-sectional surveys in the Philippines** on the 15 to 24 age group (1982, 1994, 2002, 2013)



The YAFS series aims to provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations



Its rich findings have been used as **bases in the formulation of programs and policies** for the health and welfare of the youth



YAFS5 aims to aid the **Adolescent Health and Development Program Strategic Plan** of the Department of Health (DOH)

80 provinces

17 regions

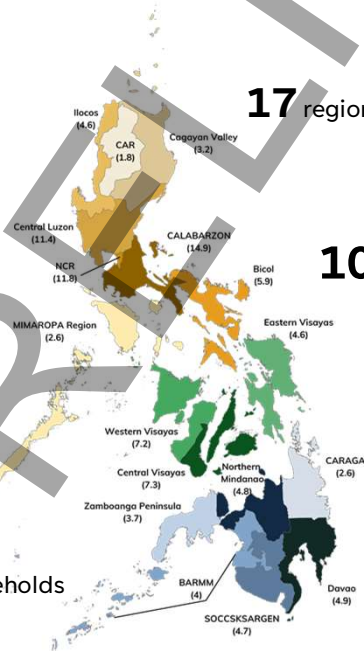
Coverage of the YAFS5

653 cities & municipalities

10,949 youth

955 barangays

14,296 households



YAFS5 Main Questionnaire Topics

- Block A: Individual characteristics
- Block B: Family Characteristics and Relationships
- Block C: Self-esteem, Self-efficacy and Life Satisfaction
- Block D: School, Work, and Community
- Block E: Media use
- Block F: Friends and Peers
- Block G: Health and Lifestyle
- Block H: Marital Union and Dissolution
- Block I: Puberty, Dating and Sex
- Block J: Fertility and Contraception
- Block K: Knowledge and Attitude towards Marriage, Sex and Related issues
- Block L: Sexual Orientation Gender Identity, and Expression
- Block M: Reproductive and Sexual Health
- Block N: COVID-19

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YAFS5 can produce relevant indicators in the SDGs

- 1 NO POVERTY
- 2 ZERO HUNGER
- 3 GOOD HEALTH AND WELL-BEING
- 4 QUALITY EDUCATION
- 5 GENDER EQUALITY
- 6 CLEAN WATER AND SANITATION
- 7 AFFORDABLE AND CLEAN ENERGY
- 8 DECENT WORK AND ECONOMIC GROWTH
- 9 INDUSTRY, INNOVATION AND INFRASTRUCTURE
- 10 REDUCED INEQUALITIES
- 11 SUSTAINABLE CITIES AND COMMUNITIES
- 12 RESPONSIBLE CONSUMPTION AND PRODUCTION
- 13 CLIMATE ACTION
- 14 LIFE BELOW WATER
- 15 LIFE ON LAND
- 16 PEACE, JUSTICE AND STRONG INSTITUTIONS
- 17 PARTNERSHIPS FOR THE GOALS

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Sexual behaviour

Sexual experience

Among youth aged 15-24

30%

ever had sex

27%
of females

32%

of males

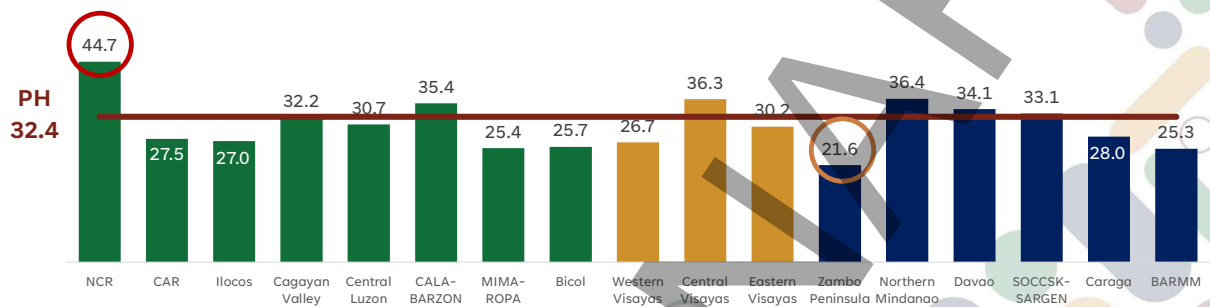
Median age at
first sex: 18 years



Sexual experience

Among **males** aged 15-24

Percentage of male youth 15-24 years old who **ever had sex**, by region



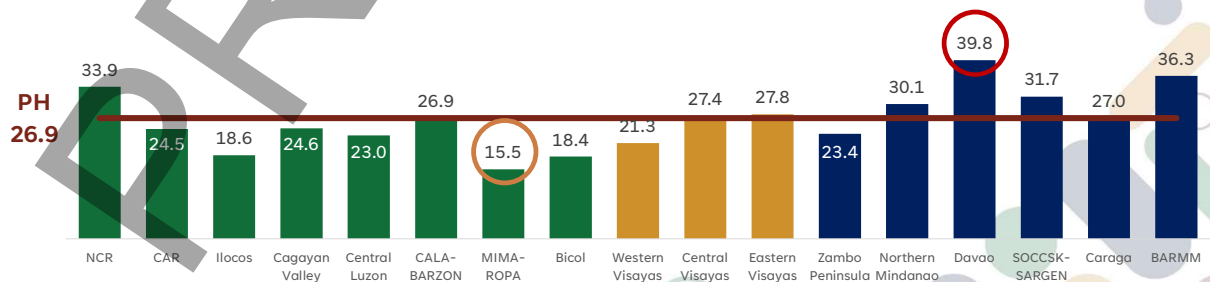
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Sexual experience

Among **females** aged 15-24

Percentage of female youth 15-24 years old who **ever had sex**, by region



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Premarital sex experience

Among youth aged 15-24

22%
had premarital sex

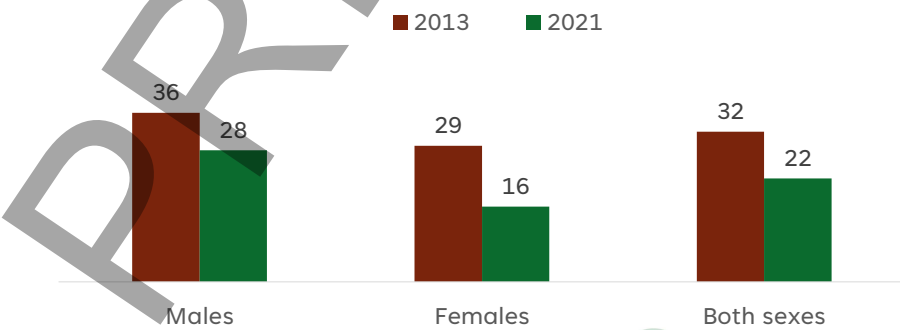
28% among
males
16% among
females



Premarital sex experience

Among youth aged 15-24

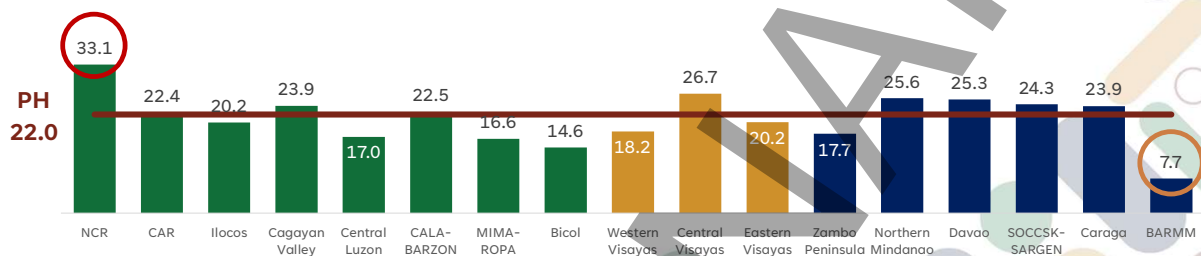
Percentage of youth 15-24 years old with premarital sex experience



Premarital sex experience

Among all youth aged 15-24

Percentage of youth 15-24 years old with premarital sex experience, by region



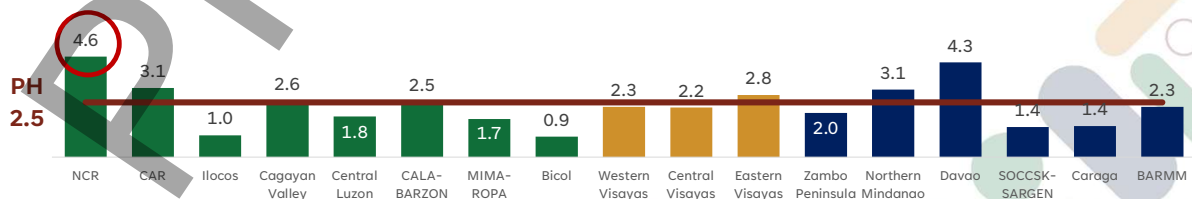
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Early sexual initiation

Among all youth aged 15-24

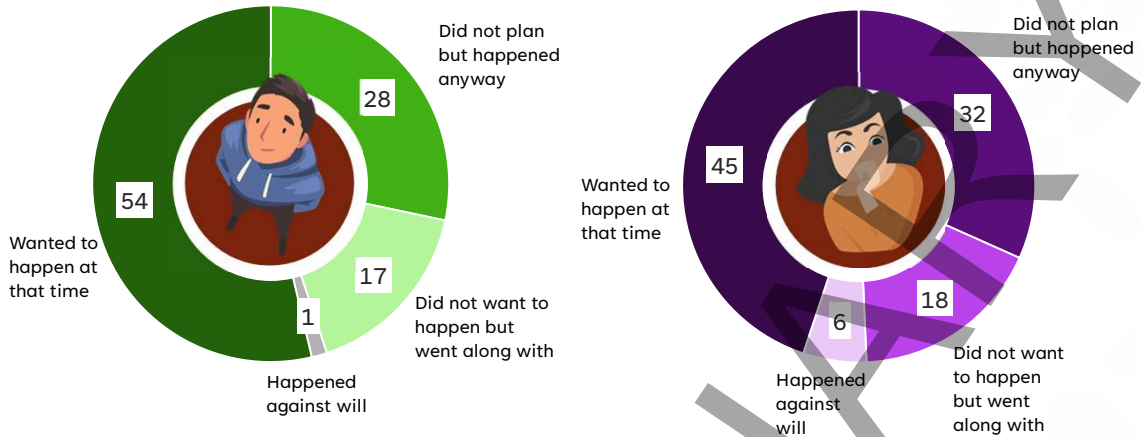
Percentage of youth who engaged in sexual intercourse before age 15, by region



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Wantedness of premarital sexual initiation

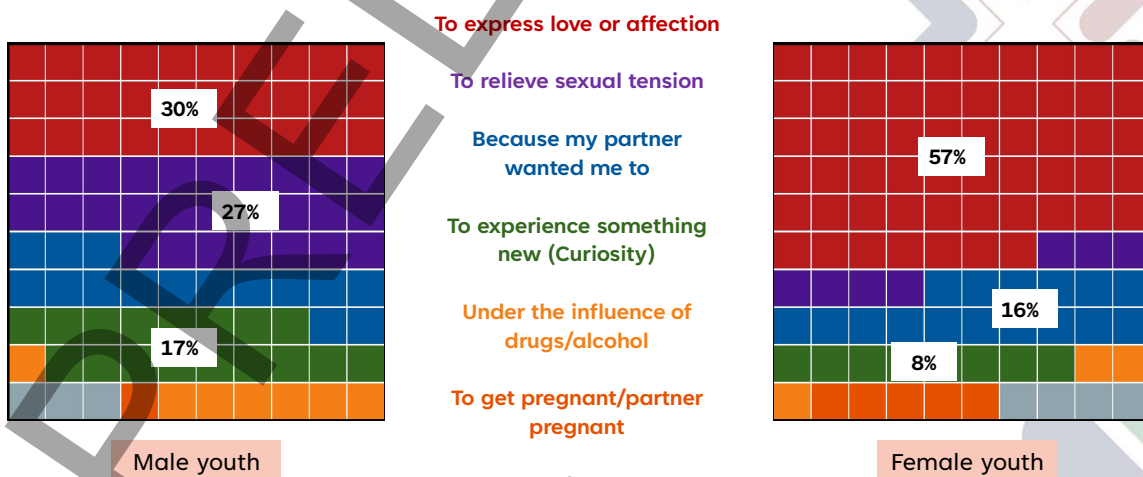


Percent distribution of the wantedness of first premarital sex of the youth

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Main reason for premarital sexual initiation

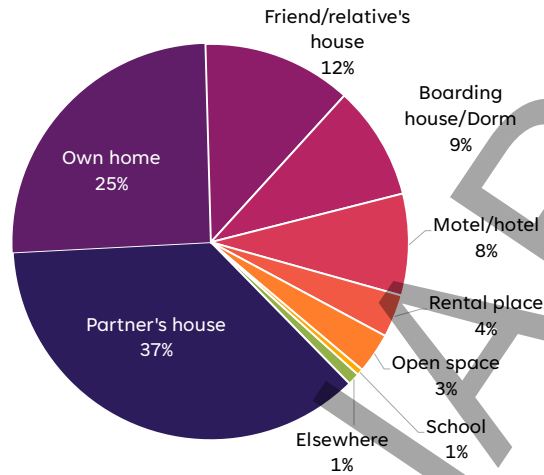


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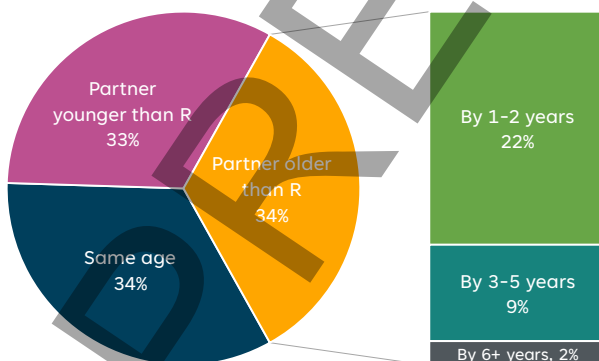
Venue of premarital sexual initiation

Percent distribution of the venue of the youth's 1st premarital sex experience

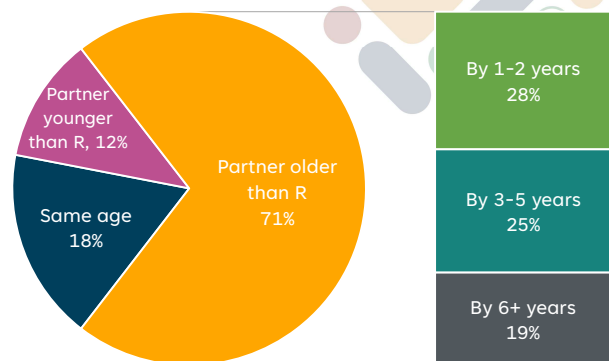


Age difference between the youth and sexual partner

Male youth 15-24

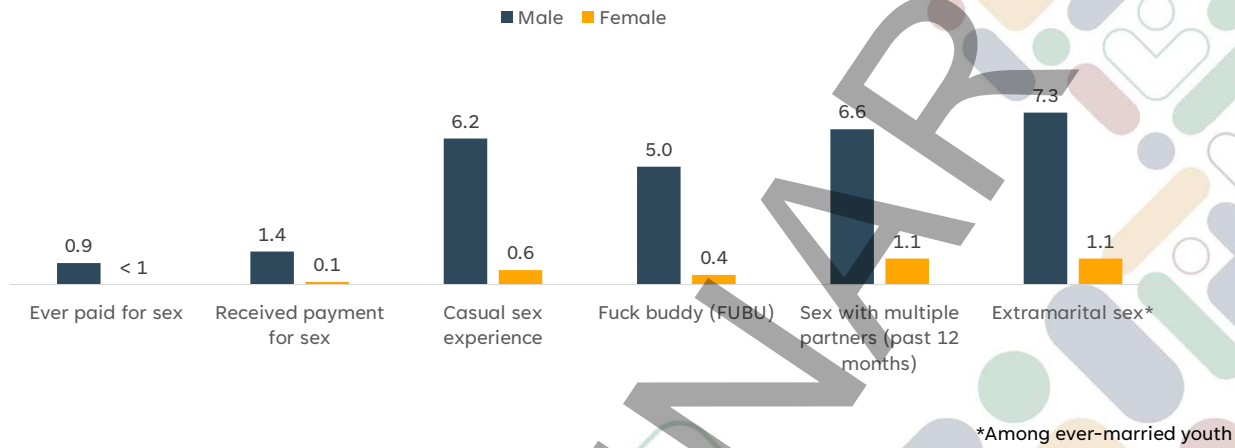


Female youth 15-24



Risky sexual behavior

Percentage of youth who ever engaged in risky sexual behaviors, by sex

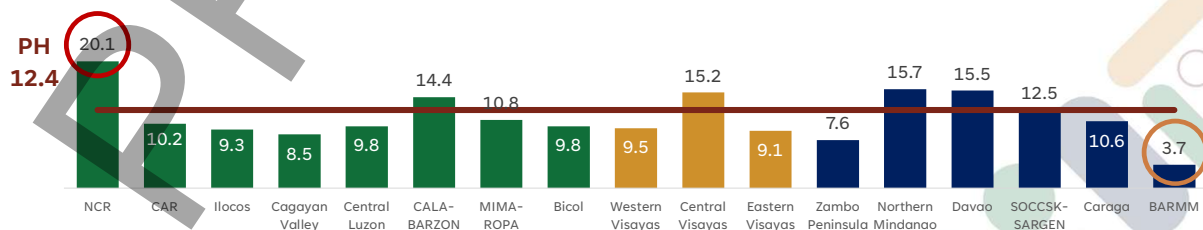


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Sex with multiple partners

Percentage of sexually-experienced youth with more than 1 lifetime sexual partners, by region

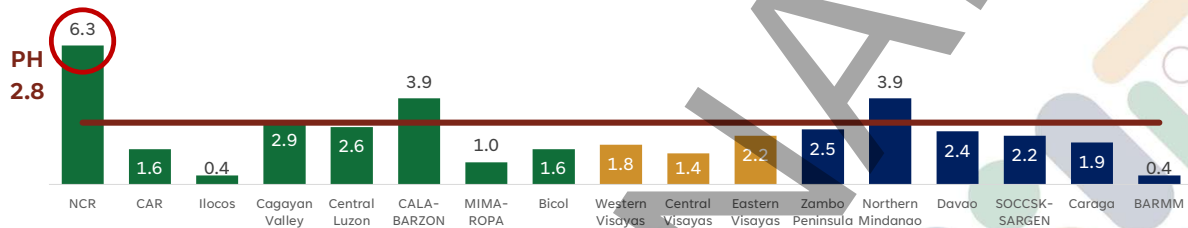


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Males who had sex with males

Percentage of male youth with MSM experience, by region



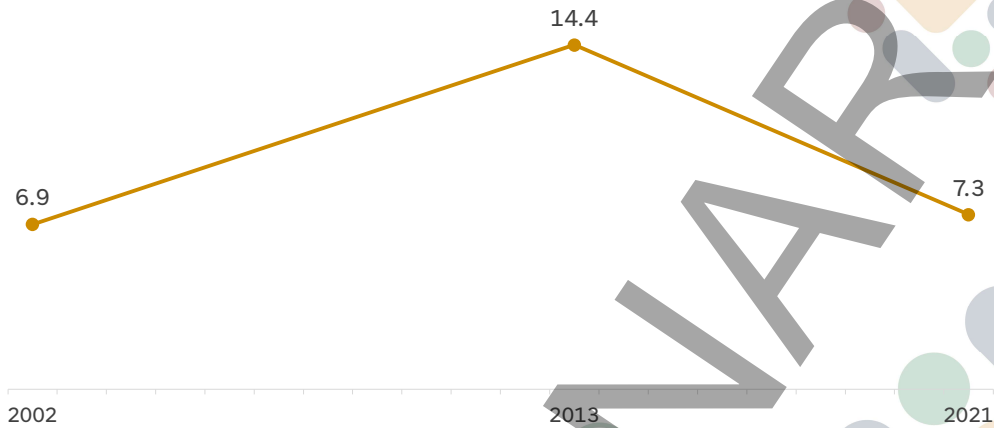
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Adolescent pregnancy

Adolescent pregnancy

Percentage of females 15-19 years old who have ever been pregnant: 2002-2021

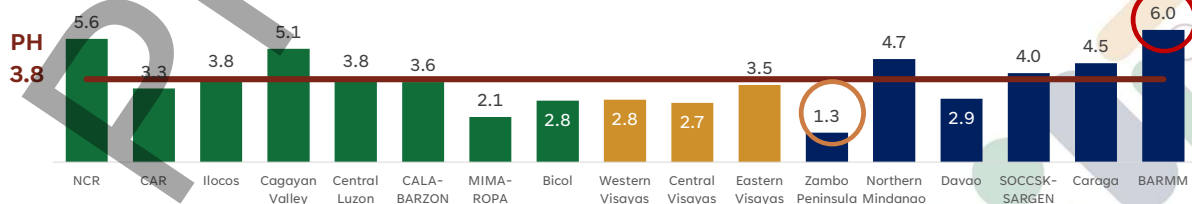


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Adolescent fatherhood

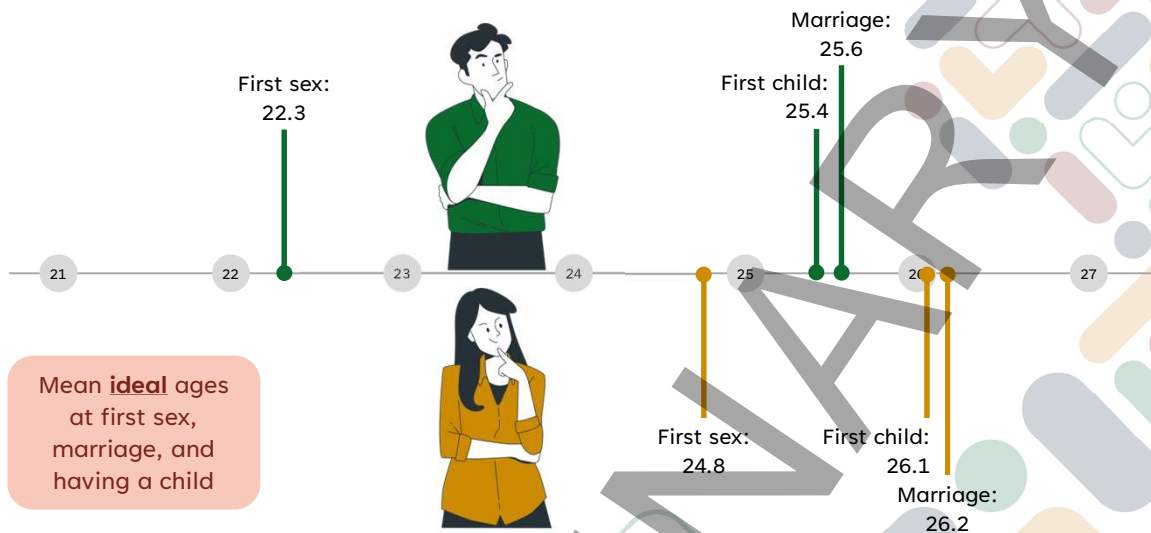
Percentage of male youth 15-24 years old who have gotten someone pregnant before age 20, by region



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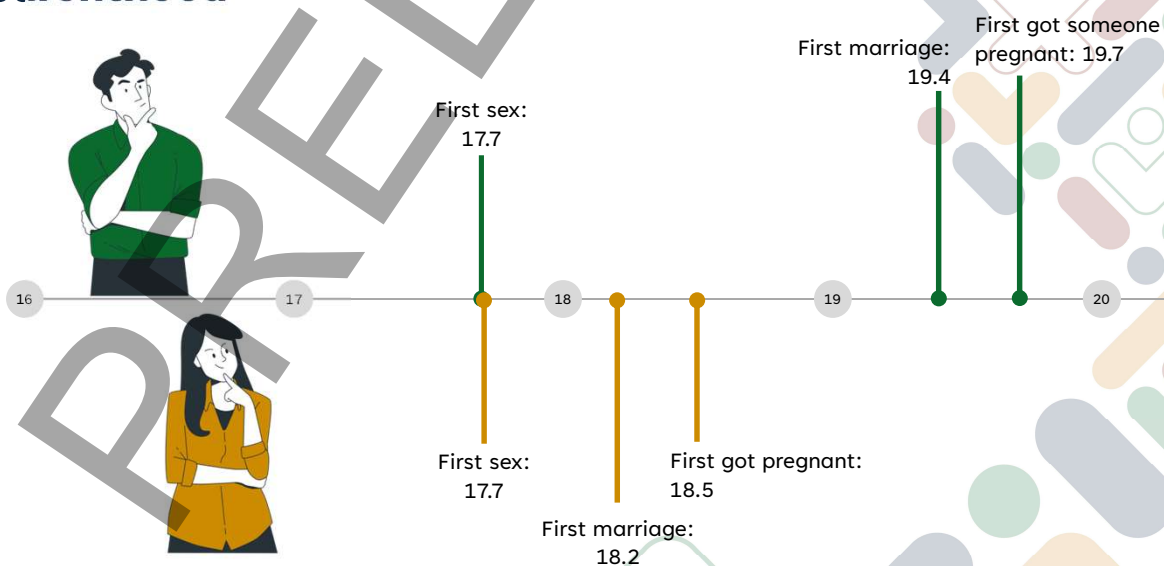
Ideal ages for sexual initiation, marriage, and parenthood Among youth aged 15-24



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Mean actual ages for sexual initiation, marriage, and parenthood



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Summary

- Having sex for love – **romance**
- Youth engaging in potentially **risky** sexual behaviors
- **Risk** of getting STIs and unplanned pregnancies (**reproduction**)

PRELIMINARY



Safe, sound, and sexy:

Pregnancy prevention and protective practices of Filipino youth

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17 & 18 September 2024

Outline of the presentation

SAFE



Protective practices during sexual initiation

SOUND



General contraceptive use

SEXY



Non-conventional pregnancy prevention strategies

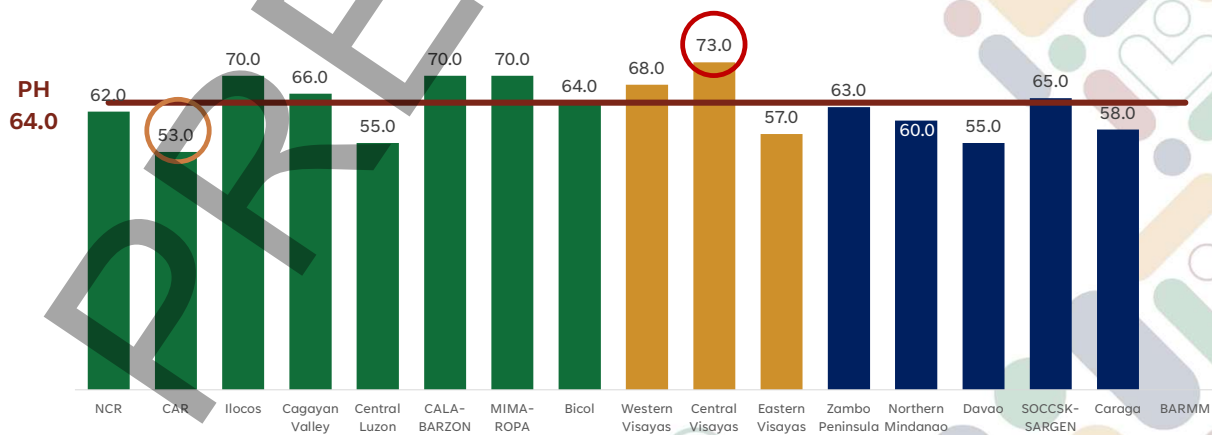
SAFE



Protective practices during sexual initiation

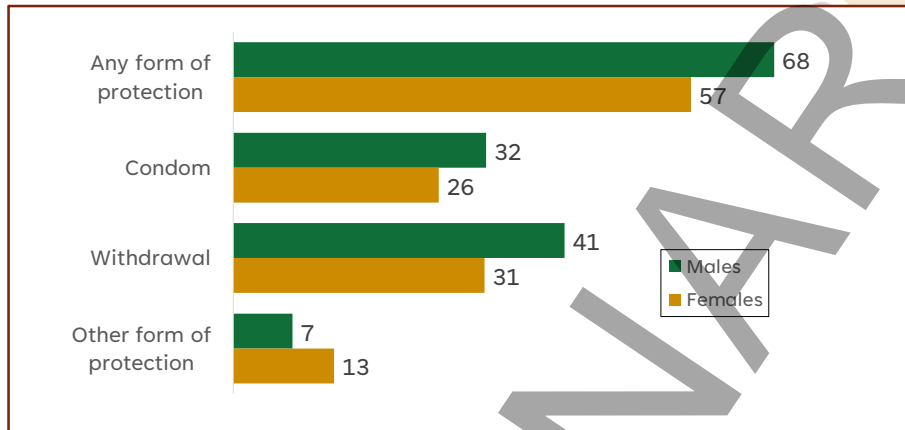
Use of protection during premarital sexual initiation

Percentage of youth who used any form of protection during 1st premarital sex, by region



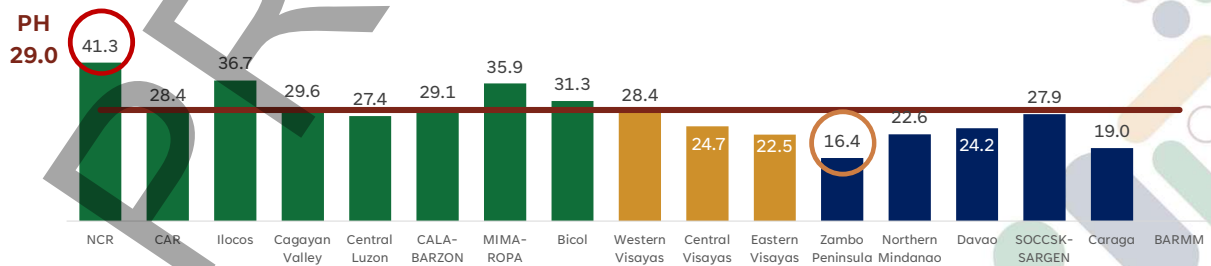
Use of protection during premarital sexual initiation

Percentage of youth who **used a form of protection** during 1st premarital sex, by sex

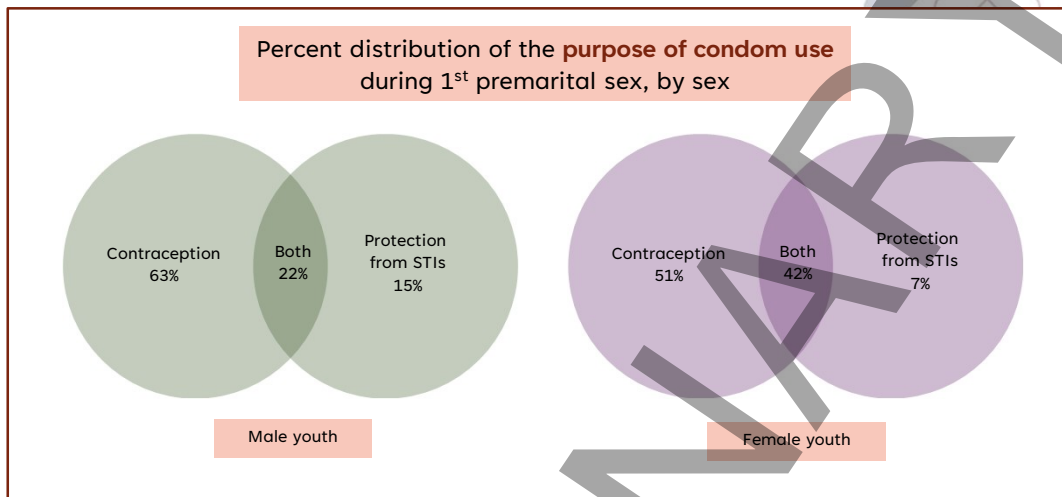


Condom use during premarital sexual initiation

Percentage of youth who **used condoms** during 1st premarital sex, by region



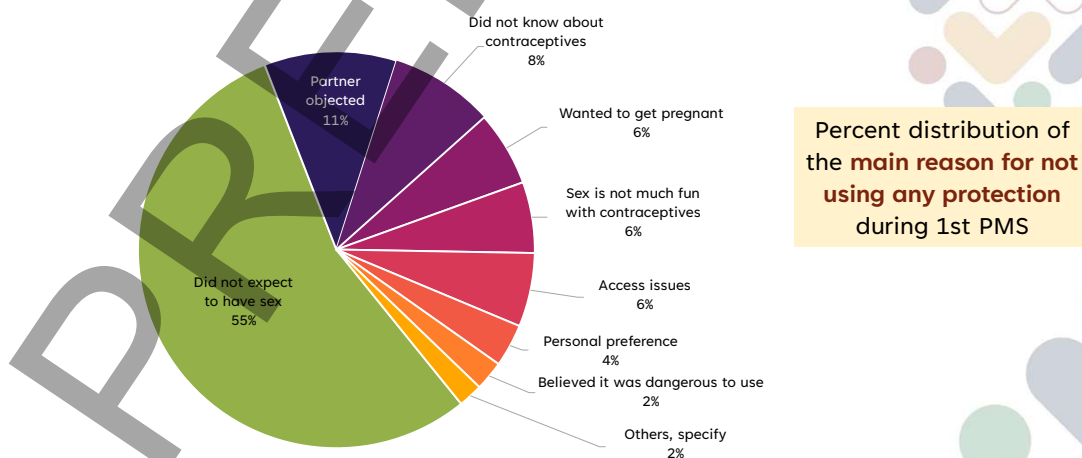
Purpose of condom use during premarital sexual initiation



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Reason for non-use of protection during premarital sexual initiation



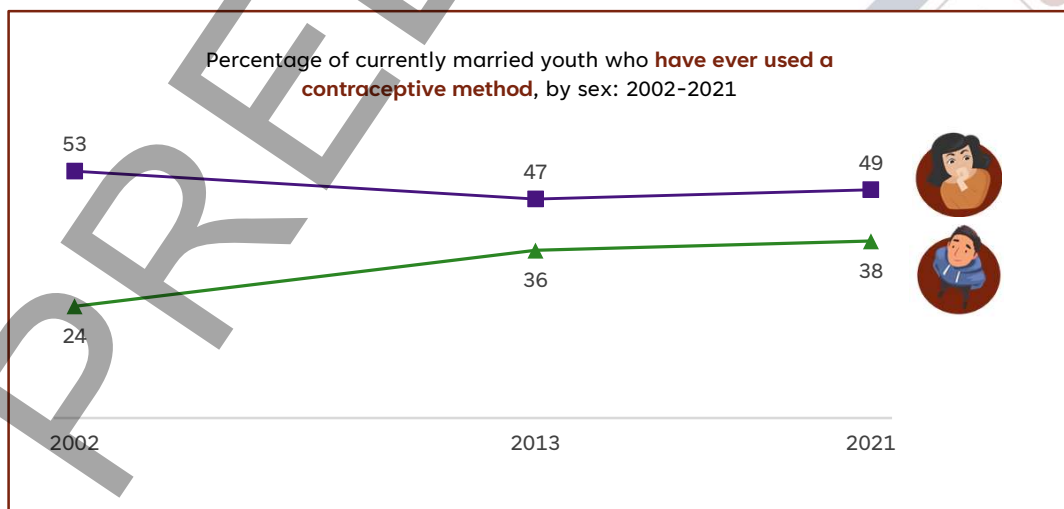
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SOUND

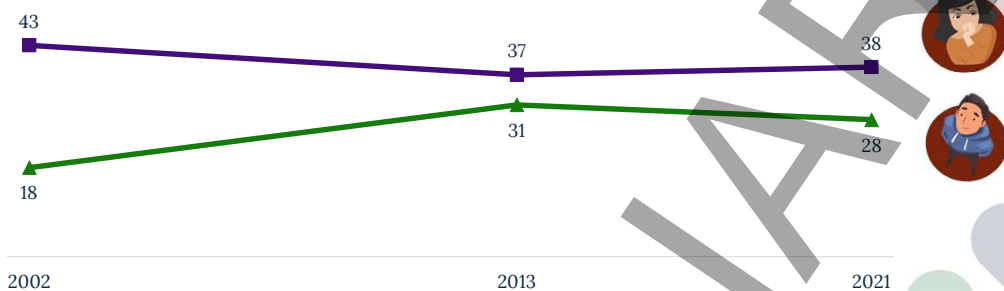
General contraceptive use

Trends in ever use of contraceptive methods



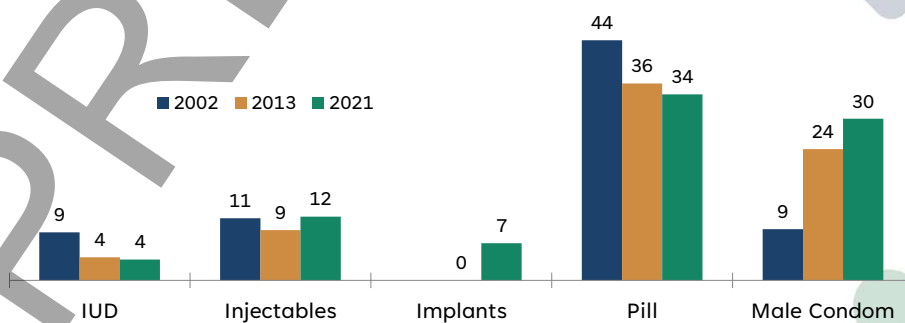
Trends in current contraceptive use

Percentage of currently married youth who are currently using contraceptive methods, by sex: 2002-2021



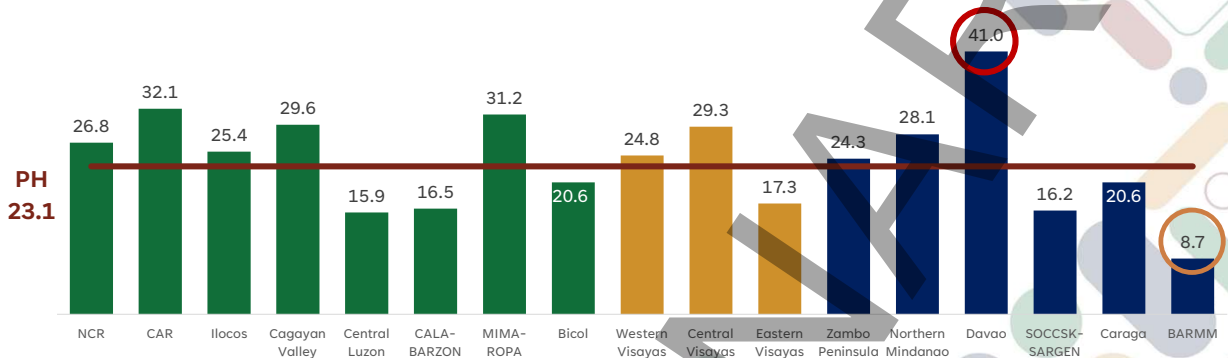
Trends in contraceptive method mix

Percentage of youth who are using a contraceptive method among current FP users: 2002-2021



Use of modern contraceptive methods

Percentage of youth who are current users of any modern FP method, by region

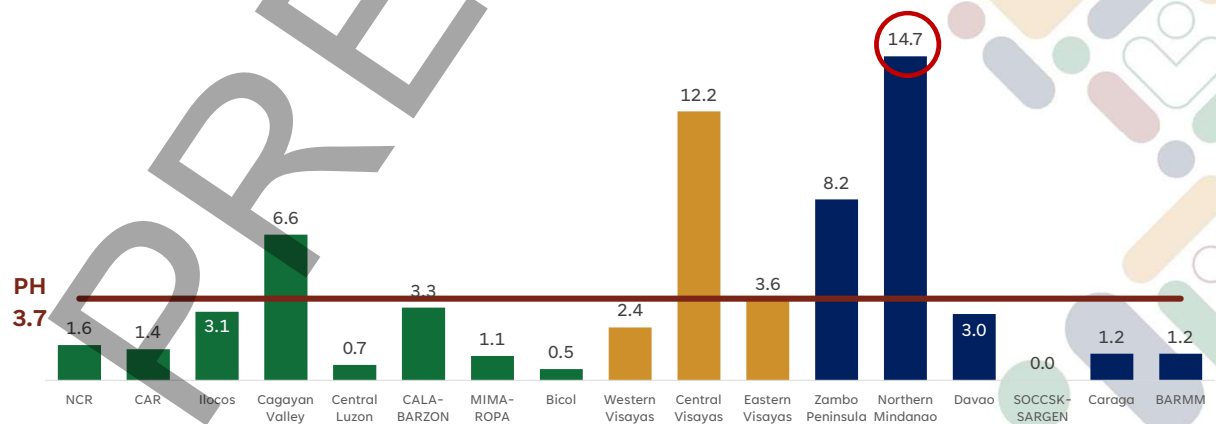


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Use of traditional contraceptive methods

Percentage of youth who are current users of any traditional FP method, by region



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Reasons for non-use of FP methods

The most cited reasons:

fear of side effects

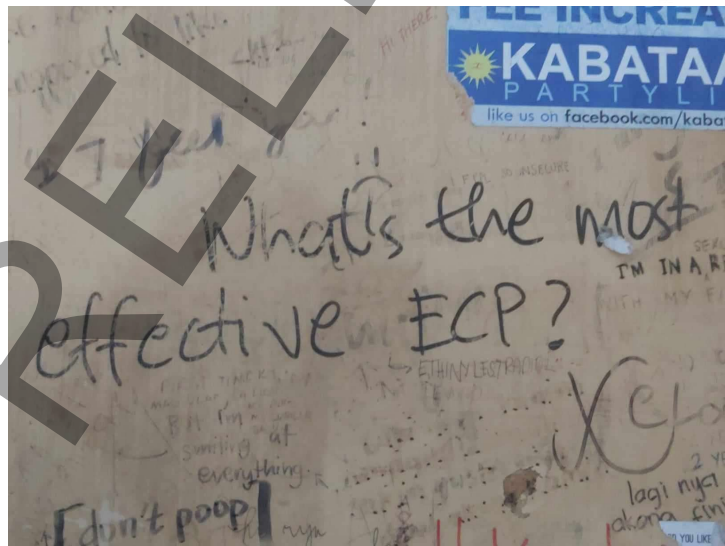
for males and females

(41% and 42%)

wanting to have a baby

for males and females

(17% and 28%)



Emergency contraceptive (EC) pills

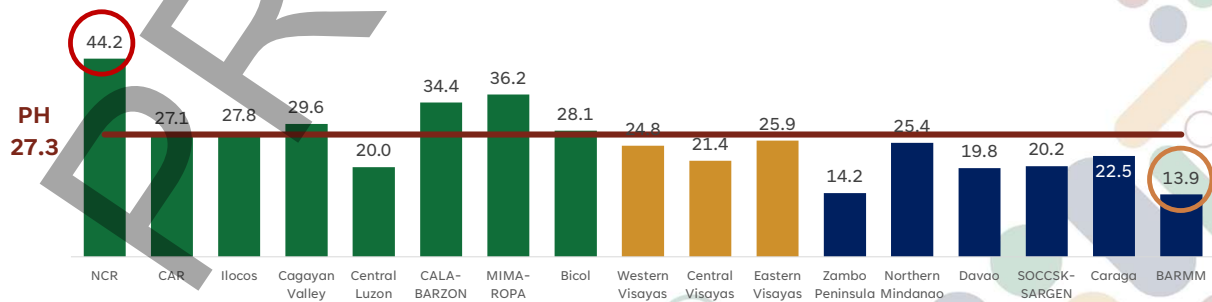
Awareness of EC pills is **low**.
17% males and 20% females have heard of EC pills.



50% said these pills should be made available
 but if EC pills were made available,
 only **27%** would consider using or letting their
 partner use these pills

Potential users of EC pills

Percentage of youth who **would consider using or letting their partner use EC pills** if they were made available, by region

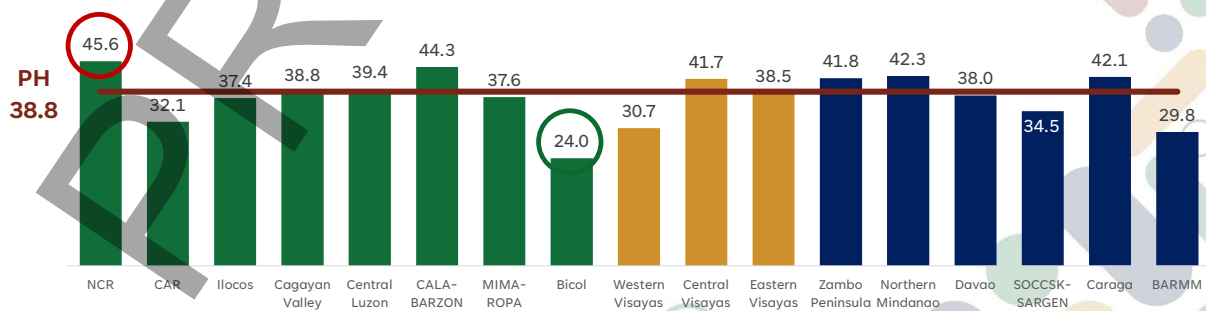


SEXY

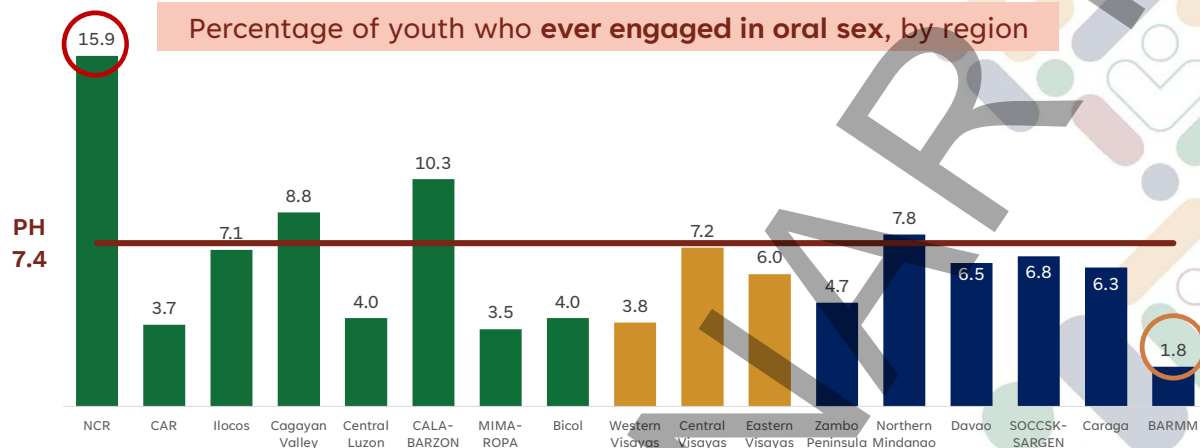
Nonconventional pregnancy prevention strategies

Masturbation

Percentage of youth who ever masturbated, by region



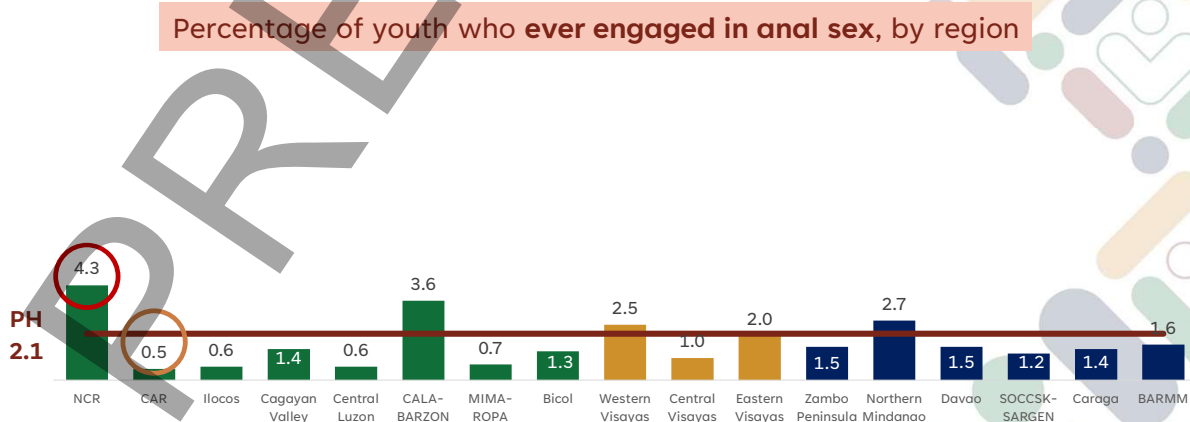
Oral sex experience



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Anal sex experience



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Main takeaways

- 2 in 3 Filipino youth used some form of protection during their 1st premarital sex
 - Most common methods: Condoms and withdrawal
- FP use among females has declined over time, while FP use among males has increased significantly
- Condom use has the largest increase, particularly among males, while pill use among females has decreased

Main takeaways

- Modern FP method use: Highest in Davao, Lowest in BARMM
- Traditional FP method use: Highest in Northern Mindanao
- Most common reason for not using FP: Concerns about side effects, Desire for a baby
- Low awareness of EC pills and few youth would consider using them
- Other possible strategies for pregnancy prevention (masturbation, oral sex, and anal sex) are most commonly practiced in NCR



Peers, parents, pages, and providers:

Navigating sources for sexuality
education and family planning
supplies among Filipino youth

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Sources of information about sex

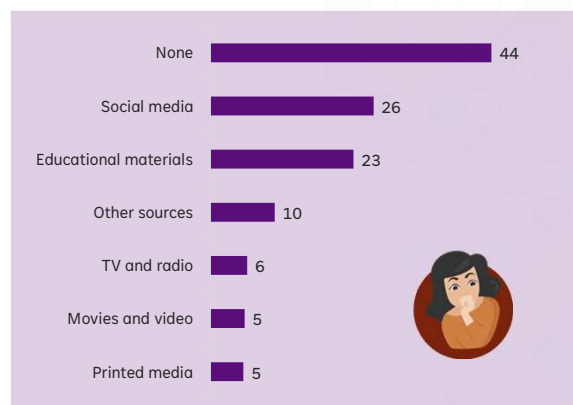
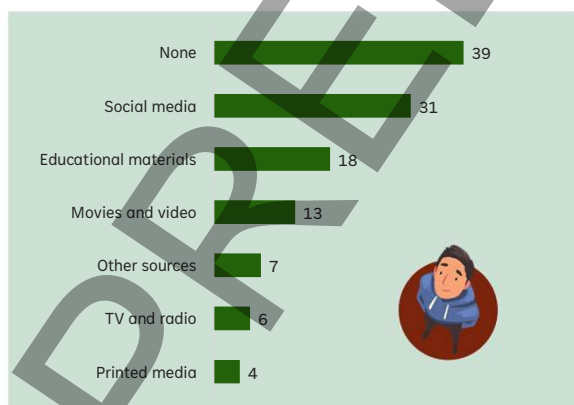


Porn & Adult Jokes

Teenagers trying to learn about sex

Books, documentaries, qualified sex-ed teachers

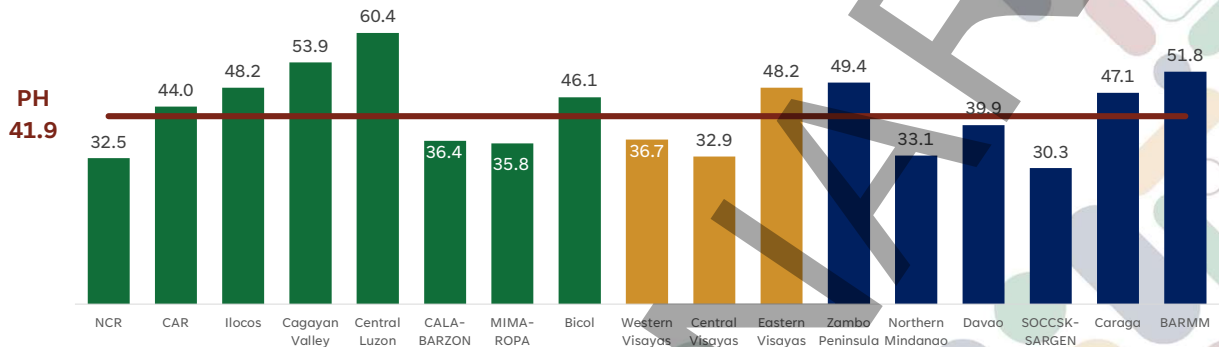
Material sources of information about sex



Percentage of youth aged 15-24's material sources of information about sex

Sources of information about sex

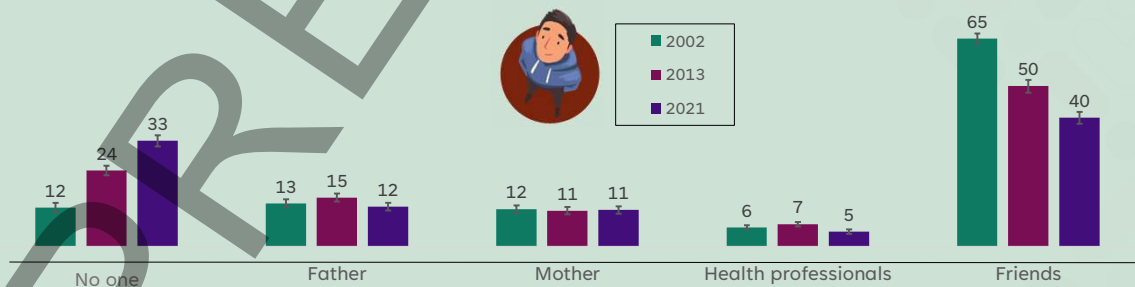
Percent of youth with no material sources of information about sex by region



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Persons **male youth** will most likely consult for questions about sex

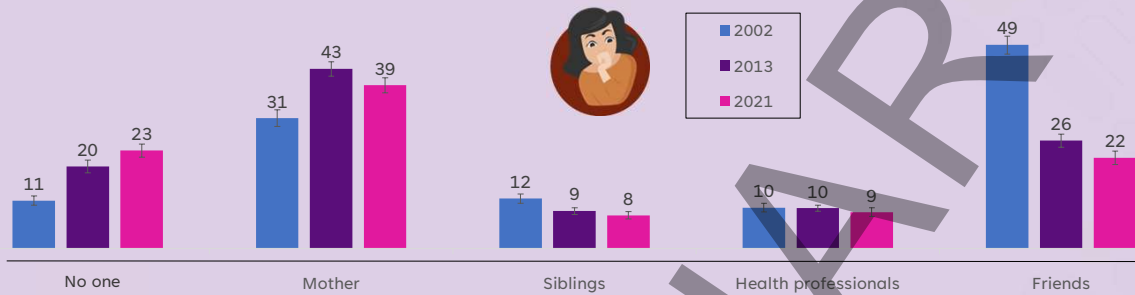


Percentage of male youth's top five persons to consult for questions about sex

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Persons **female youth** will most likely consult for questions about sex



Percentage of female youth's top five persons to consult for questions about sex

Let's talk about sex...

33% Male



23% Female

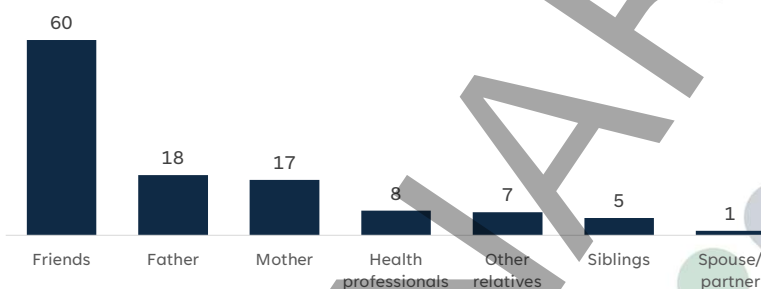


youth have no one to consult about sex

Let's talk about sex...

33% Males
have **no one** to
consult about sex

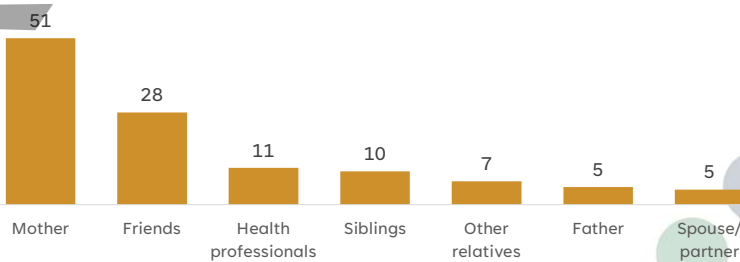
The **67%** of
males who have
someone will
likely consult:



Let's talk about sex...

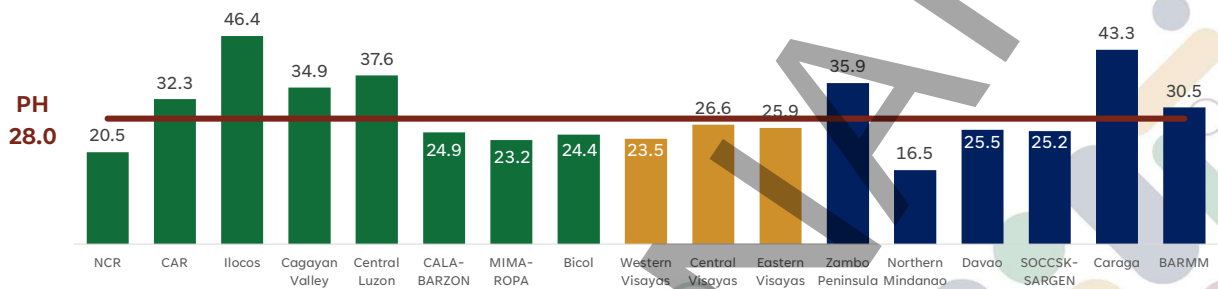
23% Females
have **no one** to
consult about sex

The **77%** of
females who
have someone
will likely consult:



Sources of information about sex

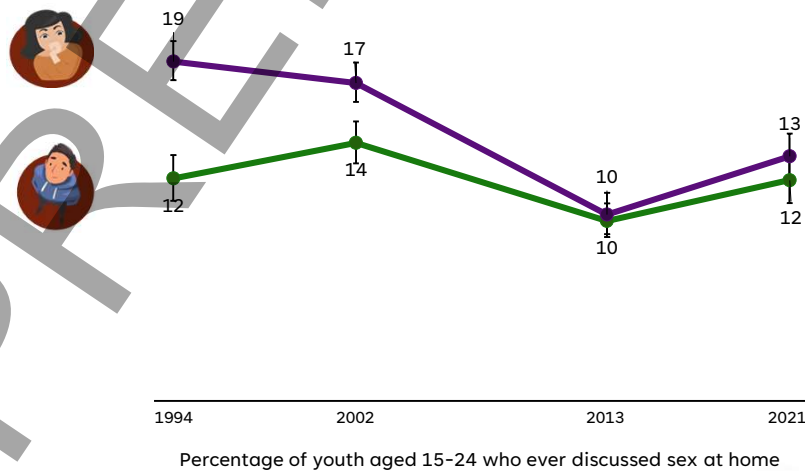
Percent of youth who did not ask anyone about questions on sex by region



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Discussion of sex at home



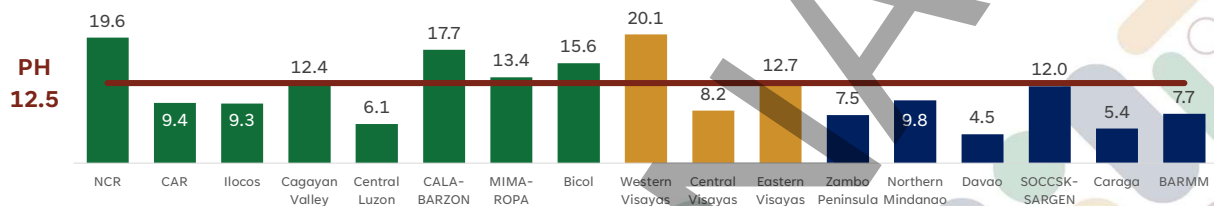
Percentage of youth aged 15-24 who ever discussed sex at home

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Sources of information about sex

Percent of youth who ever discussed sex at home by region



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Attitudes towards provision of contraceptives to minors

Government health centers should provide contraceptive services to minors

60% agreed

Government health centers should provide contraceptive services to minors

if there is parental consent

67% agreed

Adolescents 15-17 years old who would consider accessing contraceptive services even without parental consent

13%

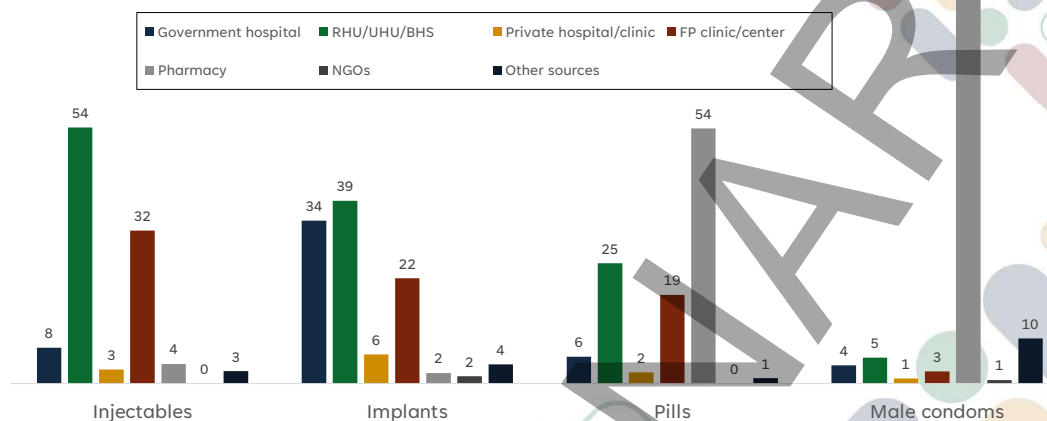


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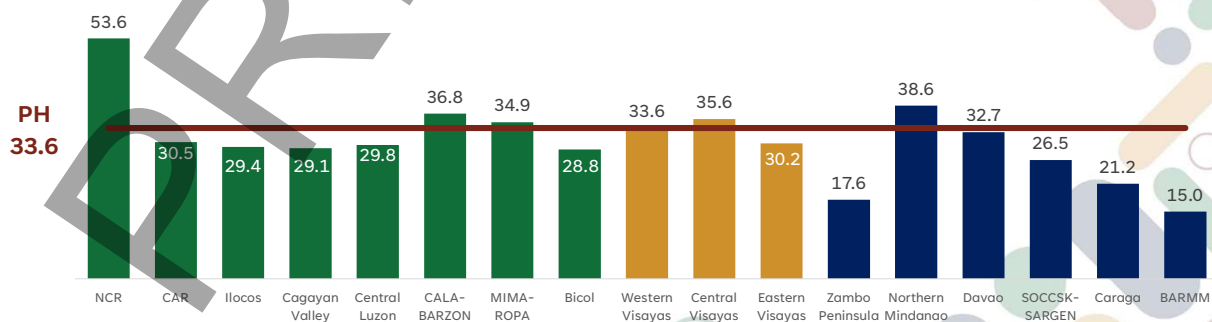
Sources of modern FP methods

Percentage of current users of FP by type of FP method and source of supplies



Access to male condoms

Percentage of youth who could get condom if they wanted to, by region

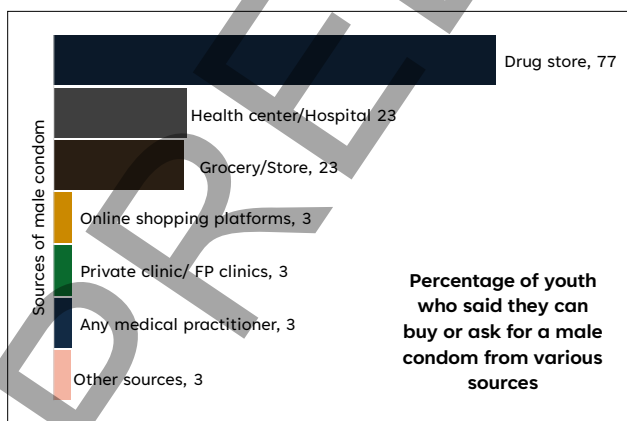


Access to male condoms

1 of 3
youth 15-24 years
old can obtain
condoms if they
wanted to.



Sources of male condoms



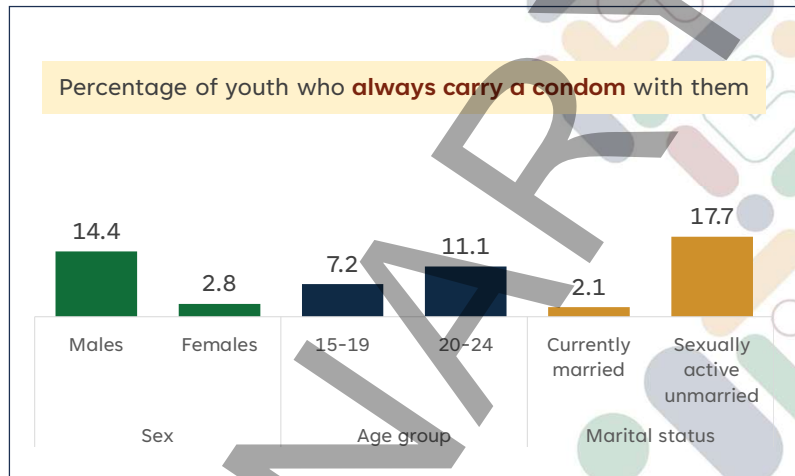
Nearly one-tenth
always carry a
condom with them.

11% male

3% female

Male condoms preparedness

1 of 10
youth 15-24
years old **always**
carry a condom
with them.

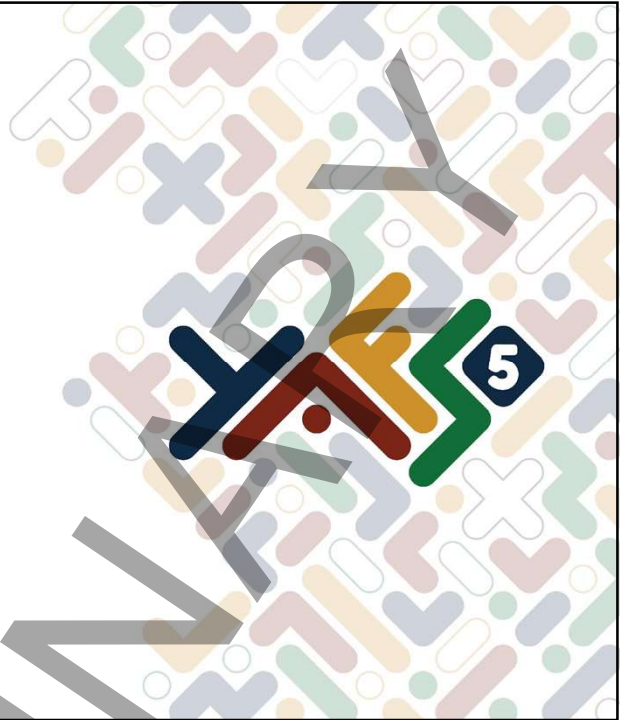


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Summary

- An increasing percentage of young Filipinos does not have access to any material sources of information on sex.
- Similarly, we also observed an increase in the percentage of youth who have no one to consult with when they have questions about sex
 - Males tend to consult their friends, while females, their mothers
- Discussion of sex at home is still not common
- Access to modern FP is limited to public health facility, but condoms are usually out-of-pocket expense, as more youth tend to source this from pharmacies



PRELIMINARY